



## FROM THE CITY OF SALT TO THE SEA SHORE Guérande / La Baule



11,3 km



50 min



**Starting point:** Place du Marché au Bois - Guérande



**Circuit ends:** Boulevard de l'Océan - La Baule-Escoublac

### Type of circuit:

- Route using low-traffic density roads & dedicated cycle paths
- *Vélocéan* cycle route.



### Tourist Office Guérande (44350)

1 place du Marché au Bois - Tel. 02 40 24 96 71  
www.ot-guerande.fr - guerande@bretagne-plein-sud.fr



### Tourist Office La Baule (44500)

8 place de la Victoire - Tel. 02 40 24 34 44  
www.labaule.fr - labaule@bretagne-plein-sud.fr

Before leaving Guérande are you absolutely sure to have explored it completely? A stroll along its narrow medieval streets is really worth doing, make the most of this opportunity! From the town centre we suggest you follow the route marked *Vélocéan*: it will take you towards the former railway line which once linked La Baule to Guérande. Now converted into a cycle path it is an ideal route to take at your leisure towards La Baule. Once you've crossed the footbridge at Beslon you will reach the seafront for a spot of well-deserved relaxation at the beach.



### THINGS TO SEE ALONG THE WAY...

#### • The Château of Careil

33 rue du Château de Careil - Guérande - Tel. 02 40 60 22 99 - [www.careil.com](http://www.careil.com) - [chateau@careil.com](mailto:chateau@careil.com)  
A mere 1 km from La Baule you will find the Château of Careil, a former Protestant stronghold, listed as 'Monument Historique'. Still furnished and lived in today it is a prime example of the evolution of Breton architecture from the XIVth to the XVIth century.

Guided tours available all year round on booking. Opening times are to be checked on the website.

#### • The forest of Escoublac

The forest of Escoublac is a pine forest of some 47 hectares which covers a sand dune. Its highest point is at an altitude of 52 metres above sea level, making it the second highest coastal sand dune in France after the one at Le Pyla (close to Bordeaux).

Buried beneath the sands of this dune are the former villages of Escoublac. This village was relocated to escape the sands which arrived in massive drifts carried by the frequent storms at the end of the XVIIIth century. According to legend, the former church of the second village was in fact totally covered and buried in the sand. A stele marks the spot to this day in the forest of Escoublac.

#### • The villas of La Baule

Eclectic and whimsical, the architectural heritage of La Baule is an amazing reflection of the history of the resort. Take the time to enjoy a wander down the narrow streets and avenues beneath the shade of the maritime pines: the many villas make up an incredible mosaic of 'eras', styles and materials. They mirror the tastes and regional origins of their owners. From the Provencal farmhouse to the Savoyard chalet, Breton, Norman or Basque influences form together the living memory of the resort. Their names too tell us much of their history. On the seafront the American 'esthetics' of the modern apartment blocks add their own style to this unique juxtaposition.



### DID YOU KNOW THAT...

#### • The remparts of Guérande

In 1343, following the ransacking of Guérande by Charles de Blois' troops, Jean de Montfort ordered the massive reinforcement of the town by construction of the ramparts. The fortifications such as they exist today run along some 1 285 metres. They have 4 openings protected by the gates: 'Saint-Michel' to the east, 'Vannetaise' to the north, 'Bizienne' to the west and 'Saillé' to the south. In 1848, an additional opening was created to the south west in the curtain walls: a postern, named 'du Tricot'. The fortifications were classified as 'Monument Historique' as early as 1877.



### TO GO A LITTLE FURTHER...

- **Circuit n°8** 'Historic towns & villages'
- **Circuit n°12** 'From the harbour to the shipyards'
- **Circuit n°11** 'Invigorating wild coast'



### WHERE TO HIRE YOUR BIKE

- **M. Chaillou** - 213 avenue de Lattre de Tassigny - La Baule - Tel. 02 40 60 07 06
- **Rollerbaule** - 14 avenue Lajarrige - La Baule - Tel. 02 40 19 83 88
- **Alternative Bike** - 4 avenue de Noirmoutier - La Baule - Tel. 09 86 26 26 88
- **Ada** - 23 avenue Georges Clémenceau - La Baule - Tel. 02 40 11 17 00
- **Tourist Office** - 1 place du Marché au Bois - Guérande - Tel. 02 40 24 96 71







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**Circuit n° 8**  
Historic towns & villages



**Circuit n° 11**  
Invigorating wild coast



**Circuit n° 12**  
From the harbour to the shipyards



- Primary route on dedicated cycle path
- Primary route using low-traffic density roads
- Connecting route

0 250 500 m

